

# Kalmus Psychological Services

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## Psychological Impact Questions for Personal Injury & Clinical Negligence clients.

The prevalence of post-traumatic stress disorder (PTSD) following traumatic accident or injury is often reported to be around 15 to 25% of the injured population. Studies also report PTSD being observed 24 months later in around 1/3 of those initially diagnosed with PTSD. Alongside PTSD, there are other psychological responses which can occur following trauma. Generally, these are traumatic, depressive or anxious in nature and can occur with or without PTSD being present.

This interview structure is designed to indicate whether there are prominent psychological effects following an accident/incident. The items relate to broad emotional consequences and do not represent diagnostic criteria. Responses in unshaded boxes support a decision to obtain expert psychological opinion.

Question	Yes	No	Some details
<i>Emotionally, are you back to how you were before the accident?</i>			
<i>Does thinking about the accident still upset you?</i>			
<i>Do you find that you cannot do what is expected of you?</i>			
<i>Do you worry more?</i>			
<i>Are you able to enjoy life and have fun like you used to?</i>			
<i>Do you enjoy being with friends or family?</i>			
<i>Do you often feel sad and have little hope for the future?</i>			
<i>Are you more jumpy, irritable or impatient than you were before?</i>			

